

Public Awareness Campaign to Combat Coronavirus (COVID-19)

#Commit4Bahrain

## Ways to prevent the spread of infections



Wash your hands with water and soap regularly



Refrain from shaking hands; opt for verbal greetings



Refrain from kissing and hugging



Cover your mouth and nose with a tissue when you sneeze or sneeze into the crook of your elbow



Refrain from interacting with people or attending social gatherings